

|    |                                                           |                                               |               |                                                                                                                        |
|----|-----------------------------------------------------------|-----------------------------------------------|---------------|------------------------------------------------------------------------------------------------------------------------|
| 1  | Anatomia funkcjonalna, rentgenowska, palpacyjna           | 10h wykładów (w), 45h ćwiczeń (ćw)            | 3ECTS EGZAMIN | dr B. Chmielewski (w, ćw)                                                                                              |
| 2  | Fizjologia II                                             | 15h wykładów (w), 30h ćwiczeń (ćw)            | 2ECTS EGZAMIN | prof. P. Rogala (w, ćw), mgr M. Bacik (ćw)                                                                             |
| 3  | Farmakologia w fizjoterapii                               | 15h wykładów (w)                              | 1ECTS         | prof. K. Kus (w)                                                                                                       |
| 4  | Biomechanika stosowana i ergonomia                        | 5h wykładów (w), 15h ćwiczeń (ćw)             | 2ECTS EGZAMIN | dr M. Dębińska(w, ćw)                                                                                                  |
| 5  | Język angielski II                                        | 25h ćwiczeń (ćw)                              | 1 ECTS        | mgr A. Jankowiak-Bernaciak (ćw)                                                                                        |
| 6  | Wychowanie fizyczne II                                    | 30h ćwiczeń (ćw)                              | 0 ECTS        | mgr J. Garstka (ćw) siłownia Szymański Fitness ul. Mieszka I 28, mgr A. Drygala (ćw) basen GOSIR ul. Bł. Jolenty 5     |
| 7  | Psychologia ogólna, kliniczna i psychoterapia             | 10h wykładów (w), 10h ćwiczeń (ćw)            | 1 ECTS        | dr Marzena Netczuk-Gwoździwicz (w, ćw)                                                                                 |
| 8  | Socjologia                                                | 5h wykładów (w), 10h ćwiczeń (ćw)             | 1 ECTS        | dr M. Łuczak (w, ćw)                                                                                                   |
| 9  | Fizjoterapia ogólna II                                    | 15h wykładów (w), 15h ćwiczeń (ćw)            | 2ECTS EGZAMIN | dr A. Świąćicka (w, ćw)                                                                                                |
| 10 | Kształcenie ruchowe i metodyka nauczania ruchu II         | 45h ćwiczeń (ćw)                              | 3ECTS         | mgr A. Szewsz-Tadych (ćw) sala gimnastyczna siłownia Szymański Fitness ul. Mieszka I 28, basen GOSIR ul. Bł. Jolenty 5 |
| 11 | Kinezyterapia I                                           | 10h wykładów (w), 60h zajęć praktycznych (zp) | 3ECTS         | dr A. Świąćicka (w, zp) - gr I i gr II dr A. Filarecka (zp) - gr III                                                   |
| 12 | Medycyna fizykalna - fizykoterapia i balneoklimatologia I | 15h wykładów (w), 30h zajęć praktycznych (zp) | 2ECTS         | dr A. Świąćicka (w), mgr L. Kowalska-Nowak (zp)                                                                        |
| 13 | Praktyka asystencka                                       | 150h                                          | 5ECTS         |                                                                                                                        |
| 14 | Socjoterapia z elementami arteterapii                     | 20h wykładów (w), 30h ćwiczeń (ćw)            | 3ECTS         | mgr J. Walkowiak (w, ćw)                                                                                               |

|               | poniedziałek 24.02.2025                        |       |                                  | wtorek 25.02.2025 |       |                                  | środa 26.02.2025               |       |                                  | czwartek 27.02.2025            |       |                                  | piątek 28.02.2025              |       |        |
|---------------|------------------------------------------------|-------|----------------------------------|-------------------|-------|----------------------------------|--------------------------------|-------|----------------------------------|--------------------------------|-------|----------------------------------|--------------------------------|-------|--------|
|               | gr I                                           | gr II | gr III                           | gr I              | gr II | gr III                           | gr I                           | gr II | gr III                           | gr I                           | gr II | gr III                           | gr I                           | gr II | gr III |
| 8.00 - 8.45   |                                                |       |                                  |                   |       |                                  | 7 w (3) 8.00-10.30 s. 108 b. 7 |       |                                  | 1 w (5) 8.00-12.15 s. 108 b. 7 |       |                                  |                                |       |        |
| 8.45 - 9.30   |                                                |       |                                  |                   |       |                                  |                                |       |                                  |                                |       |                                  | 9 w (3) 8.45-11.15 s. 108 b. 7 |       |        |
| 9.45-10.30    | 5 ćw (2) (gr 1) 9.15-10.45 s. 107 b. 7         |       |                                  |                   |       |                                  |                                |       |                                  |                                |       |                                  |                                |       |        |
| 10.30 - 11.15 |                                                |       | 7 w (4) 10.30 -13.45 s. 108 b. 7 |                   |       | 7 ćw (4) 10.45-14.00 s. 108 b. 7 |                                |       | 11 w (2) 11.30-13.00 s. 108 b. 7 |                                |       |                                  |                                |       |        |
| 11.30 - 12.15 | 10 ćw (5) (gr 1) 11.30-15.30 sala gimnastyczna |       |                                  |                   |       |                                  |                                |       |                                  |                                |       | 4 w (3) 12.30 -15.00 s. 108 b. 7 |                                |       |        |
| 12.15 - 13.00 |                                                |       |                                  |                   |       |                                  |                                |       | 12 w (3) 13.15-15.45 s. 108 b. 7 |                                |       |                                  |                                |       |        |
| 13.15 - 14.00 |                                                |       |                                  |                   |       | 7 ćw (4) 14.00-17.15 s. 108 b. 7 |                                |       |                                  |                                |       |                                  |                                |       |        |
| 14.00 - 14.45 |                                                |       |                                  |                   |       |                                  |                                |       |                                  |                                |       |                                  |                                |       |        |
| 15.00 - 15.45 |                                                |       |                                  |                   |       |                                  |                                |       |                                  |                                |       |                                  |                                |       |        |
| 15.45 - 16.30 |                                                |       |                                  |                   |       |                                  |                                |       |                                  |                                |       |                                  |                                |       |        |
| 16.45 - 17.30 |                                                |       |                                  |                   |       |                                  |                                |       |                                  |                                |       |                                  |                                |       |        |
| 17.30 - 18.15 |                                                |       |                                  |                   |       |                                  |                                |       |                                  |                                |       |                                  |                                |       |        |
| 18.30 - 19.15 |                                                |       |                                  |                   |       |                                  |                                |       |                                  |                                |       |                                  |                                |       |        |
| 19.15 - 20.00 |                                                |       |                                  |                   |       |                                  |                                |       |                                  |                                |       |                                  |                                |       |        |

|               | poniedziałek 03.03.2025 |                                                |                                | wtorek 04.03.2025              |       |        | środa 05.03.2025                         |       |        | czwartek 06.03.2025            |       |        | piątek 07.03.2025                    |                                         |        |  |                                  |
|---------------|-------------------------|------------------------------------------------|--------------------------------|--------------------------------|-------|--------|------------------------------------------|-------|--------|--------------------------------|-------|--------|--------------------------------------|-----------------------------------------|--------|--|----------------------------------|
|               | gr I                    | gr II                                          | gr III                         | gr I                           | gr II | gr III | gr I                                     | gr II | gr III | gr I                           | gr II | gr III | gr I                                 | gr II                                   | gr III |  |                                  |
| 8.00 - 8.45   |                         |                                                |                                |                                |       |        |                                          |       |        | 1 w (5) 8.00-12.15 s. 108 b. 7 |       |        | 1 ćw (3) 8.00-10.30 s. 108 b. 3      |                                         |        |  |                                  |
| 8.45 - 9.30   |                         |                                                |                                |                                |       |        |                                          |       |        |                                |       |        |                                      |                                         |        |  |                                  |
| 9.45-10.30    |                         | 5 ćw (2) (gr 2) 9.15-10.45 s. 107 b. 7         | 9 w (3) 9.45-12.15 s. 108 b. 7 | 2 w (3) 9.45-12.15 s. 108 b. 7 |       |        | 14 w (4) 13.15-16.30 s. 108 b. 7         |       |        |                                |       |        | 11 zp (6) 10.45-15.45 s. 105 b. 3 AŚ | 1 ćw (3) 10.45-13.15 s. 108 b. 3        |        |  |                                  |
| 10.30 - 11.15 |                         |                                                |                                |                                |       |        |                                          |       |        |                                |       |        |                                      |                                         |        |  |                                  |
| 11.30 - 12.15 |                         | 10 ćw (5) (gr 2) 11.30-15.30 sala gimnastyczna |                                |                                |       |        |                                          |       |        |                                |       |        |                                      |                                         |        |  | 1 ćw (3) 13.30-16.00 s. 108 b. 3 |
| 12.15 - 13.00 |                         |                                                |                                |                                |       |        |                                          |       |        |                                |       |        |                                      |                                         |        |  |                                  |
| 13.15 - 14.00 |                         |                                                |                                |                                |       |        |                                          |       |        |                                |       |        |                                      |                                         |        |  |                                  |
| 14.00 - 14.45 |                         |                                                |                                |                                |       |        |                                          |       |        |                                |       |        |                                      |                                         |        |  |                                  |
| 15.00 - 15.45 |                         |                                                |                                |                                |       |        |                                          |       |        |                                |       |        |                                      |                                         |        |  |                                  |
| 15.45 - 16.30 |                         |                                                |                                |                                |       |        |                                          |       |        |                                |       |        |                                      |                                         |        |  |                                  |
| 16.45 - 17.30 |                         |                                                |                                |                                |       |        | 14 ćw (4) (gr 1) 16.45-20.00 s. 108 b. 7 |       |        |                                |       |        |                                      | 6 ćw (2) (gr 2) 17.00-18.30 siłownia JG |        |  |                                  |
| 17.30 - 18.15 |                         |                                                |                                |                                |       |        |                                          |       |        |                                |       |        |                                      |                                         |        |  |                                  |
| 18.30 - 19.15 |                         |                                                |                                |                                |       |        |                                          |       |        |                                |       |        | 6 ćw (2) (gr 1) 18.00-19.30 basen AD |                                         |        |  |                                  |
| 19.15 - 20.00 |                         |                                                |                                |                                |       |        |                                          |       |        |                                |       |        |                                      |                                         |        |  |                                  |

|               | poniedziałek 10.03.2025 |       |        | wtorek 11.03.2025                |       |        | środa 12.03.2025                 |       |                                          | czwartek 13.03.2025 |       |                                  | piątek 14.03.2025                       |                                      |                                      |
|---------------|-------------------------|-------|--------|----------------------------------|-------|--------|----------------------------------|-------|------------------------------------------|---------------------|-------|----------------------------------|-----------------------------------------|--------------------------------------|--------------------------------------|
|               | gr I                    | gr II | gr III | gr I                             | gr II | gr III | gr I                             | gr II | gr III                                   | gr I                | gr II | gr III                           | gr I                                    | gr II                                | gr III                               |
| 8.00 - 8.45   |                         |       |        |                                  |       |        |                                  |       |                                          |                     |       |                                  |                                         |                                      |                                      |
| 8.45 - 9.30   |                         |       |        |                                  |       |        |                                  |       |                                          |                     |       |                                  | 9 w (3) 8.45-11.15 s. 108 b. 7          |                                      |                                      |
| 9.45-10.30    |                         |       |        | 9 w (3) 9.45-12.15 s. 108 b. 7   |       |        |                                  |       |                                          |                     |       |                                  |                                         |                                      |                                      |
| 10.30 - 11.15 |                         |       |        |                                  |       |        |                                  |       |                                          |                     |       |                                  |                                         | 11 zp (6) 10.45-15.45 s. 105 b. 3 AF | 11 w (2) 11.30-13.00 s. 108 b. 7     |
| 11.30 - 12.15 |                         |       |        |                                  |       |        |                                  |       |                                          |                     |       |                                  |                                         |                                      |                                      |
| 12.15 - 13.00 |                         |       |        | 11 w (2) 12.30-14.00 s. 108 b. 7 |       |        |                                  |       |                                          |                     |       | 12 w (3) 13.15-15.45 s. 108 b. 7 |                                         |                                      |                                      |
| 13.15 - 14.00 |                         |       |        |                                  |       |        |                                  |       |                                          |                     |       |                                  |                                         |                                      |                                      |
| 14.00 - 14.45 |                         |       |        | 12 w (3) 14.15-16.45 s. 108 b. 7 |       |        | 14 w (4) 13.15-16.30 s. 108 b. 7 |       |                                          |                     |       |                                  |                                         |                                      |                                      |
| 15.00 - 15.45 |                         |       |        |                                  |       |        |                                  |       |                                          |                     |       |                                  |                                         |                                      |                                      |
| 15.45 - 16.30 |                         |       |        |                                  |       |        |                                  |       |                                          |                     |       |                                  |                                         |                                      |                                      |
| 16.45 - 17.30 |                         |       |        |                                  |       |        |                                  |       | 14 ćw (4) (gr 2) 16.45-20.00 s. 108 b. 7 |                     |       |                                  | 6 ćw (2) (gr 1) 17.00-18.30 siłownia JG |                                      |                                      |
| 17.30 - 18.15 |                         |       |        |                                  |       |        |                                  |       |                                          |                     |       |                                  |                                         |                                      |                                      |
| 18.30 - 19.15 |                         |       |        |                                  |       |        |                                  |       |                                          |                     |       |                                  |                                         |                                      | 6 ćw (2) (gr 2) 18.00-19.30 basen AD |
| 19.15 - 20.00 |                         |       |        |                                  |       |        |                                  |       |                                          |                     |       |                                  |                                         |                                      |                                      |

|               | poniedziałek 17.03.2025          |       |        | wtorek 18.03.2025                                 |       |                                                   | środa 19.03.2025                         |       |        | czwartek 20.03.2025              |                                 |                                  | piątek 21.03.2025                |       |                                         |  |
|---------------|----------------------------------|-------|--------|---------------------------------------------------|-------|---------------------------------------------------|------------------------------------------|-------|--------|----------------------------------|---------------------------------|----------------------------------|----------------------------------|-------|-----------------------------------------|--|
|               | gr I                             | gr II | gr III | gr I                                              | gr II | gr III                                            | gr I                                     | gr II | gr III | gr I                             | gr II                           | gr III                           | gr I                             | gr II | gr III                                  |  |
| 8.00 - 8.45   |                                  |       |        |                                                   |       |                                                   |                                          |       |        |                                  | 1 ćw (4) 8.00-11.15 s. 108 b. 3 |                                  |                                  |       |                                         |  |
| 8.45 - 9.30   |                                  |       |        |                                                   |       |                                                   |                                          |       |        |                                  |                                 |                                  | 9 w (3) 8.45-11.15 s. 108 b. 7   |       |                                         |  |
| 9.45-10.30    |                                  |       |        | 12 w (3) 9.45-12.15 s. 108 b. 7                   |       |                                                   |                                          |       |        |                                  |                                 |                                  |                                  |       |                                         |  |
| 10.30 - 11.15 | 7 w (3) 10.30-13.00 s. 108 b. 7  |       |        |                                                   |       |                                                   |                                          |       |        |                                  |                                 |                                  |                                  |       |                                         |  |
| 11.30 - 12.15 |                                  |       |        | 11 w (2) 13.30-14.00 s. 108 b. 7 ZAJĘCIA ODWOŁANE |       |                                                   |                                          |       |        |                                  |                                 | 11 w (2) 11.30-13.00 s. 108 b. 7 |                                  |       |                                         |  |
| 12.15 - 13.00 |                                  |       |        |                                                   |       |                                                   |                                          |       |        |                                  |                                 |                                  |                                  |       |                                         |  |
| 13.15 - 14.00 | 7 ćw (2) 13.15-14.45 s. 108 b. 7 |       |        | 11 w (2) 13.30-14.00 s. 108 b. 7 ZAJĘCIA ODWOŁANE |       |                                                   | 14 w (4) 13.15-16.30 s. 108 b. 7         |       |        | 1 ćw (4) 11.30-14.45 s. 108 b. 3 |                                 |                                  | 12 w (3) 13.15-15.45 s. 108 b. 7 |       |                                         |  |
| 14.00 - 14.45 |                                  |       |        |                                                   |       |                                                   |                                          |       |        |                                  |                                 |                                  |                                  |       |                                         |  |
| 15.00 - 15.45 |                                  |       |        | 6 ćw (2) (gr 1) 15.30-17.00 siłownia JG           |       | 9 ćw (3) 14.15-16.45 s. 105 b. 3 ZAJĘCIA ODWOŁANE |                                          |       |        |                                  |                                 |                                  |                                  |       |                                         |  |
| 15.45 - 16.30 |                                  |       |        |                                                   |       |                                                   |                                          |       |        |                                  |                                 |                                  |                                  |       |                                         |  |
| 16.45 - 17.30 |                                  |       |        |                                                   |       |                                                   | 14 ćw (4) (gr 1) 16.45-20.00 s. 108 b. 7 |       |        |                                  |                                 |                                  |                                  |       | 6 ćw (2) (gr 2) 17.00-18.30 siłownia JG |  |
| 17.30 - 18.15 |                                  |       |        |                                                   |       |                                                   |                                          |       |        |                                  |                                 |                                  | 1 ćw (4) 16.45-20.00 s. 108 b. 3 |       |                                         |  |
| 18.30 - 19.15 |                                  |       |        |                                                   |       |                                                   |                                          |       |        |                                  |                                 |                                  |                                  |       | 6 ćw (2) (gr 1) 18.00-19.30 basen AD    |  |
| 19.15 - 20.00 |                                  |       |        |                                                   |       |                                                   |                                          |       |        |                                  |                                 |                                  |                                  |       |                                         |  |

|               | poniedziałek 24.03.2025           |       |                                                   | wtorek 25.03.2025                      |                                            |                                                 | środa 26.03.2025                           |       |                                             | czwartek 27.03.2025                 |                                    |                                                                 | piątek 28.03.2025                   |                                         |                                     |  |
|---------------|-----------------------------------|-------|---------------------------------------------------|----------------------------------------|--------------------------------------------|-------------------------------------------------|--------------------------------------------|-------|---------------------------------------------|-------------------------------------|------------------------------------|-----------------------------------------------------------------|-------------------------------------|-----------------------------------------|-------------------------------------|--|
|               | gr I                              | gr II | gr III                                            | gr I                                   | gr II                                      | gr III                                          | gr I                                       | gr II | gr III                                      | gr I                                | gr II                              | gr III                                                          | gr I                                | gr II                                   | gr III                              |  |
| 8.00 - 8.45   |                                   |       |                                                   |                                        |                                            |                                                 |                                            |       |                                             |                                     |                                    |                                                                 |                                     |                                         |                                     |  |
| 8.45 - 9.30   | 12 zp (5) 8.45-13.00<br>s. 5 b. 3 |       |                                                   |                                        |                                            |                                                 |                                            |       |                                             |                                     | 1 ćw (4) 8.00-11.15 s.<br>108 b. 3 |                                                                 | 1 ćw (4) 8.00-11.15<br>s. 108 b. 3  |                                         |                                     |  |
| 9.45-10.30    |                                   |       | 5 ćw (2) (gr 2) 9.15-10.45 s.107<br>b. 7          | 11 zp (6) 9.45-14.45<br>s. 105 b. 3 AŚ | 12 zp (5) 10.30-14.45<br>s. 5 b. 3         | 2 w (3) 9.45-12.15 s. 108 b. 7 ZAJĘCIA ODWOŁANE |                                            |       |                                             |                                     |                                    |                                                                 |                                     |                                         |                                     |  |
| 10.30 - 11.15 |                                   |       |                                                   |                                        |                                            |                                                 |                                            |       |                                             |                                     |                                    |                                                                 |                                     |                                         |                                     |  |
| 11.30 - 12.15 |                                   |       | 10 ćw (5) (gr 2) 11.30-15.30 sala<br>gimnastyczna |                                        |                                            |                                                 |                                            |       |                                             |                                     |                                    |                                                                 |                                     |                                         |                                     |  |
| 12.15 - 13.00 |                                   |       |                                                   |                                        |                                            |                                                 |                                            |       |                                             |                                     |                                    |                                                                 |                                     |                                         |                                     |  |
| 13.15 - 14.00 |                                   |       |                                                   |                                        |                                            |                                                 | 14 w (4) 13.15-16.30 s. 108 b. 7           |       |                                             |                                     |                                    | 1 ćw (4) 11.30-14.45<br>s. 108 b. 3                             |                                     | 11 zp (6) 10.15-15.15<br>s. 105 b. 3 AŚ | 1 ćw (4) 11.30-14.45<br>s. 108 b. 3 |  |
| 14.00 - 14.45 |                                   |       |                                                   |                                        |                                            |                                                 |                                            |       |                                             |                                     |                                    |                                                                 |                                     |                                         |                                     |  |
| 15.00 - 15.45 |                                   |       |                                                   |                                        | 6 ćw (2) (gr 1) 15.30-17.00<br>siłownia JG | 9 ćw (3) 15.00-17.30<br>s. 105 b. 3             |                                            |       |                                             |                                     |                                    | 11 zp (6) 15.00-<br>20.00 s. 105 b. 3 AF<br>ZAJĘCIA<br>ODWOŁANE |                                     |                                         |                                     |  |
| 15.45 - 16.30 |                                   |       |                                                   |                                        |                                            |                                                 |                                            |       |                                             |                                     |                                    |                                                                 |                                     |                                         |                                     |  |
| 16.45 - 17.30 |                                   |       |                                                   |                                        |                                            |                                                 | 2 ćw (3) (gr 1) 16.45-19.15 s.<br>206 b. 3 |       | 14 ćw (4) (gr 2) 16.45-20.00 s.<br>108 b. 7 | 1 ćw (4) 15.30-18.45<br>s. 108 b. 3 |                                    |                                                                 | 1 ćw (4) 15.30-18.45<br>s. 108 b. 3 |                                         |                                     |  |
| 17.30 - 18.15 |                                   |       |                                                   |                                        |                                            |                                                 |                                            |       |                                             |                                     |                                    |                                                                 |                                     |                                         |                                     |  |
| 18.30 - 19.15 |                                   |       |                                                   |                                        |                                            |                                                 |                                            |       |                                             |                                     |                                    |                                                                 |                                     |                                         |                                     |  |
| 19.15 - 20.00 |                                   |       |                                                   |                                        |                                            |                                                 |                                            |       |                                             |                                     |                                    |                                                                 |                                     |                                         |                                     |  |



|               | poniedziałek 14.04.2025                |       |                                      | wtorek 15.04.2025 |                                         |        | środa 16.04.2025                         |       |                                                          | czwartek 17.04.2025                                      |       |                                      | piątek 18.04.2025 |       |        |
|---------------|----------------------------------------|-------|--------------------------------------|-------------------|-----------------------------------------|--------|------------------------------------------|-------|----------------------------------------------------------|----------------------------------------------------------|-------|--------------------------------------|-------------------|-------|--------|
|               | gr I                                   | gr II | gr III                               | gr I              | gr II                                   | gr III | gr I                                     | gr II | gr III                                                   | gr I                                                     | gr II | gr III                               | gr I              | gr II | gr III |
| 8.00 - 8.45   |                                        |       |                                      |                   |                                         |        | 2 w (3) 8.00-10.30 s. 108 b. 7           |       |                                                          | 4 w (2) 8.00-9.30 s. 108 b. 7                            |       |                                      |                   |       |        |
| 8.45 - 9.30   |                                        |       |                                      |                   |                                         |        |                                          |       |                                                          |                                                          |       |                                      |                   |       |        |
| 9.45-10.30    | 5 ćw (2) (gr 1) 9.15-10.45 s. 107 b. 7 |       |                                      |                   | 11 zp (6) 9.45-14.45 s. 105 b. 3 AŚ     |        |                                          |       |                                                          | 4 ćw (2) 9.45-11.15 s. 108 b. 7                          |       |                                      |                   |       |        |
| 10.30 - 11.15 |                                        |       |                                      |                   |                                         |        |                                          |       | 5 ćw (2) (gr 2) 10.45-12.15 s. 107 b. 7                  |                                                          |       |                                      |                   |       |        |
| 11.30 - 12.15 |                                        |       |                                      |                   | 11 zp (6) 9.45-14.45 s. 105 b. 3 AŚ     |        |                                          |       |                                                          | 2 ćw (3) (gr 1) 11.30-14.00 s. 206 b. 3 ZAJĘCIA ODWOŁANE |       | 11 zp (6) 11.30-16.30 s. 108 b. 3 AF |                   |       |        |
| 12.15 - 13.00 |                                        |       |                                      |                   |                                         |        |                                          |       |                                                          |                                                          |       |                                      |                   |       |        |
| 13.15 - 14.00 |                                        |       | 11 zp (6) 13.15-18.15 s. 105 b. 3 AF |                   |                                         |        | 14 ćw (4) (gr 1) 13.15-16.30 s. 108 b. 7 |       |                                                          |                                                          |       | 11 zp (6) 11.30-16.30 s. 108 b. 3 AF |                   |       |        |
| 14.00 - 14.45 |                                        |       |                                      |                   |                                         |        |                                          |       |                                                          |                                                          |       |                                      |                   |       |        |
| 15.00 - 15.45 |                                        |       | 11 zp (6) 13.15-18.15 s. 105 b. 3 AF |                   | 6 ćw (2) (gr 1) 15.30-17.00 siłownia JG |        |                                          |       | 2 ćw (3) (gr 2) 14.00-16.30 s. 206 b. 3 ZAJĘCIA ODWOŁANE |                                                          |       | 11 zp (6) 11.30-16.30 s. 108 b. 3 AF |                   |       |        |
| 15.45 - 16.30 |                                        |       |                                      |                   |                                         |        | 9 ćw (3) 15.00-17.30 s. 105 b. 3         |       |                                                          |                                                          |       |                                      |                   |       |        |
| 16.45 - 17.30 |                                        |       |                                      |                   |                                         |        |                                          |       | 2 ćw (3) (gr 1) 16.45-19.15 s. 206 b. 3 ZAJĘCIA ODWOŁANE |                                                          |       |                                      |                   |       |        |
| 17.30 - 18.15 |                                        |       |                                      |                   |                                         |        |                                          |       |                                                          |                                                          |       |                                      |                   |       |        |
| 18.30 - 19.15 |                                        |       |                                      |                   |                                         |        |                                          |       | 14 ćw (4) (gr 2) 16.45-20.00 s. 108 b. 7                 |                                                          |       |                                      |                   |       |        |
| 19.15 - 20.00 |                                        |       |                                      |                   |                                         |        |                                          |       |                                                          |                                                          |       |                                      |                   |       |        |

|               | poniedziałek 21.04.2025 |       |        | wtorek 22.04.2025 |       |        | środa 23.04.2025                                            |       |                                                             | czwartek 24.04.2025                |                                     |        | piątek 25.04.2025                   |                                            |                                   |  |  |
|---------------|-------------------------|-------|--------|-------------------|-------|--------|-------------------------------------------------------------|-------|-------------------------------------------------------------|------------------------------------|-------------------------------------|--------|-------------------------------------|--------------------------------------------|-----------------------------------|--|--|
|               | gr I                    | gr II | gr III | gr I              | gr II | gr III | gr I                                                        | gr II | gr III                                                      | gr I                               | gr II                               | gr III | gr I                                | gr II                                      | gr III                            |  |  |
| 8.00 - 8.45   |                         |       |        |                   |       |        |                                                             |       |                                                             | 1 ćw (4) 8.00-11.15<br>s. 108 b. 3 |                                     |        |                                     |                                            |                                   |  |  |
| 8.45 - 9.30   |                         |       |        |                   |       |        |                                                             |       |                                                             |                                    |                                     |        |                                     | 11 zp (6) 8.45-13.45<br>s. 105 b. 3 AŚ     | 12 zp (5) 9.30-14.45<br>s. 5 b. 3 |  |  |
| 9.45-10.30    |                         |       |        |                   |       |        |                                                             |       |                                                             |                                    |                                     |        |                                     |                                            |                                   |  |  |
| 10.30 - 11.15 |                         |       |        |                   |       |        |                                                             |       |                                                             |                                    |                                     |        |                                     |                                            |                                   |  |  |
| 11.30 - 12.15 |                         |       |        |                   |       |        |                                                             |       |                                                             |                                    |                                     |        |                                     |                                            |                                   |  |  |
| 12.15 - 13.00 |                         |       |        |                   |       |        |                                                             |       |                                                             |                                    | 1 ćw (4) 11.30-14.45<br>s. 108 b. 3 |        |                                     |                                            |                                   |  |  |
| 13.15 - 14.00 |                         |       |        |                   |       |        |                                                             |       |                                                             |                                    |                                     |        |                                     |                                            |                                   |  |  |
| 14.00 - 14.45 |                         |       |        |                   |       |        | 2 ćw (3) (gr 1) 14.00-16.30 s.<br>206 b. 3 ZAJĘCIA ODWOŁANE |       | 14 ćw (4) (gr 2) 13.15-16.30 s.<br>108 b. 7                 |                                    |                                     |        | 4 ćw (3) 14.00-16.30 s. 108 b. 7    |                                            |                                   |  |  |
| 15.00 - 15.45 |                         |       |        |                   |       |        |                                                             |       |                                                             |                                    |                                     |        |                                     |                                            |                                   |  |  |
| 15.45 - 16.30 |                         |       |        |                   |       |        | 14 ćw (4) (gr 1) 16.45-20.00 s.<br>108 b. 7                 |       | 2 ćw (3) (gr 2) 16.45-19.15 s.<br>206 b. 3 ZAJĘCIA ODWOŁANE |                                    |                                     |        | 1 ćw (4) 15.30-18.45<br>s. 108 b. 3 | 6 ćw (2) (gr 2) 17.00-18.30<br>siłownia JG |                                   |  |  |
| 16.45 - 17.30 |                         |       |        |                   |       |        |                                                             |       |                                                             |                                    |                                     |        |                                     |                                            |                                   |  |  |
| 17.30 - 18.15 |                         |       |        |                   |       |        |                                                             |       |                                                             |                                    |                                     |        |                                     |                                            |                                   |  |  |
| 18.30 - 19.15 |                         |       |        |                   |       |        |                                                             |       |                                                             |                                    |                                     |        |                                     |                                            |                                   |  |  |
| 19.15 - 20.00 |                         |       |        |                   |       |        |                                                             |       |                                                             |                                    |                                     |        |                                     |                                            |                                   |  |  |



|               | poniedziałek 12.05.2025                    |       |                                            | wtorek 13.05.2025                        |                                       |                                            | środa 14.05.2025                            |                                            |                                   | czwartek 15.05.2025                 |                                     |                                          | piątek 16.05.2025                  |                                            |                                  |                                         |  |  |
|---------------|--------------------------------------------|-------|--------------------------------------------|------------------------------------------|---------------------------------------|--------------------------------------------|---------------------------------------------|--------------------------------------------|-----------------------------------|-------------------------------------|-------------------------------------|------------------------------------------|------------------------------------|--------------------------------------------|----------------------------------|-----------------------------------------|--|--|
|               | gr I                                       | gr II | gr III                                     | gr I                                     | gr II                                 | gr III                                     | gr I                                        | gr II                                      | gr III                            | gr I                                | gr II                               | gr III                                   | gr I                               | gr II                                      | gr III                           |                                         |  |  |
| 8.00 - 8.45   |                                            |       |                                            |                                          |                                       |                                            |                                             |                                            |                                   |                                     |                                     |                                          |                                    |                                            |                                  |                                         |  |  |
| 8.45 - 9.30   | 12 zp (5) 8.45-13.00<br>s. 5 b. 3          |       |                                            |                                          |                                       |                                            |                                             |                                            | 12 zp (5) 8.00-12.15<br>s. 5 b. 3 |                                     | 12 zp (5) 8.00-12.15<br>s. 5 b. 3   |                                          |                                    | 11 zp (6) 8.45-13.45<br>s. 105 b. 3 AŚ     |                                  |                                         |  |  |
| 9.45-10.30    |                                            |       | 5 ćw (2) (gr 2) 9.15-10.45 s. 107<br>b. 7  |                                          | 9 ćw (3) 9.45-12.15 s.<br>105 b. 3    |                                            | 5 ćw (2) (gr 1) 10.45-12.15 s.<br>107 b. 7  |                                            |                                   | 1 ćw (2) 10.30-12.00<br>s. 108 b. 3 |                                     |                                          | 1 ćw (2) 8.45-10.15<br>s. 108 b. 3 |                                            |                                  |                                         |  |  |
| 10.30 - 11.15 |                                            |       |                                            |                                          |                                       |                                            |                                             |                                            |                                   |                                     |                                     |                                          |                                    |                                            |                                  |                                         |  |  |
| 11.30 - 12.15 |                                            |       |                                            |                                          |                                       |                                            |                                             |                                            |                                   |                                     |                                     |                                          |                                    |                                            |                                  |                                         |  |  |
| 12.15 - 13.00 |                                            |       | 10 ćw (5) (gr 2) 12.45-16.30<br>basen      | 11 zp (6) 12.30-<br>17.30 s. 105 b. 3 AŚ | 10 ćw (5) (gr 2) 12.45-16.30<br>basen |                                            |                                             |                                            |                                   |                                     | 1 ćw (2) 12.30-14.00<br>s. 108 b. 3 | 11 zp (6) 11.00-<br>16.00 s. 105 b. 3 AF |                                    |                                            |                                  |                                         |  |  |
| 13.15 - 14.00 |                                            |       |                                            |                                          |                                       |                                            | 14 ćw (2) (gr 1) 13.15-14.45 s.<br>108 b. 7 | 2 ćw (3) (gr 2) 12.30-15.00 s.<br>206 b. 3 |                                   |                                     |                                     |                                          |                                    |                                            |                                  |                                         |  |  |
| 14.00 - 14.45 | 2 ćw (4) (gr 1) 14.15-17.30 s.<br>206 b. 3 |       |                                            |                                          |                                       |                                            |                                             |                                            |                                   |                                     |                                     |                                          |                                    |                                            | 4 ćw (3) 14.00-16.30 s. 108 b. 7 |                                         |  |  |
| 15.00 - 15.45 |                                            |       |                                            |                                          |                                       |                                            |                                             |                                            |                                   |                                     |                                     |                                          |                                    |                                            |                                  |                                         |  |  |
| 15.45 - 16.30 |                                            |       |                                            |                                          |                                       |                                            |                                             |                                            |                                   |                                     |                                     |                                          |                                    |                                            |                                  |                                         |  |  |
| 16.45 - 17.30 |                                            |       |                                            |                                          |                                       | 2 ćw (4) (gr 1) 15.15-18.30 s.<br>206 b. 3 |                                             |                                            |                                   |                                     |                                     |                                          |                                    | 6 ćw (2) (gr 1) 17.00-18.30<br>siłownia JG |                                  |                                         |  |  |
| 17.30 - 18.15 |                                            |       | 2 ćw (3) (gr 2) 17.30-20.00 s.<br>206 b. 3 |                                          |                                       |                                            |                                             |                                            |                                   |                                     |                                     |                                          |                                    |                                            |                                  | 6 ćw (2) (gr 2) 18.00-19.30<br>basen AD |  |  |
| 18.30 - 19.15 |                                            |       |                                            |                                          |                                       |                                            |                                             |                                            |                                   |                                     |                                     |                                          |                                    |                                            |                                  |                                         |  |  |
| 19.15 - 20.00 |                                            |       |                                            |                                          |                                       |                                            |                                             |                                            |                                   |                                     |                                     |                                          |                                    |                                            |                                  |                                         |  |  |

|               | poniedziałek 19.05.2025                   |       |                                          | wtorek 20.05.2025 |                                            |        | środa 21.05.2025                          |       |                                            | czwartek 22.05.2025 |                                  |                                        | piątek 23.05.2025                       |                                            |        |
|---------------|-------------------------------------------|-------|------------------------------------------|-------------------|--------------------------------------------|--------|-------------------------------------------|-------|--------------------------------------------|---------------------|----------------------------------|----------------------------------------|-----------------------------------------|--------------------------------------------|--------|
|               | gr I                                      | gr II | gr III                                   | gr I              | gr II                                      | gr III | gr I                                      | gr II | gr III                                     | gr I                | gr II                            | gr III                                 | gr I                                    | gr II                                      | gr III |
| 8.00 - 8.45   |                                           |       |                                          |                   |                                            |        |                                           |       |                                            |                     |                                  |                                        |                                         |                                            |        |
| 8.45 - 9.30   |                                           |       |                                          |                   |                                            |        |                                           |       |                                            |                     |                                  |                                        |                                         |                                            |        |
| 9.45-10.30    |                                           |       |                                          |                   |                                            |        |                                           |       |                                            |                     |                                  |                                        |                                         |                                            |        |
| 10.30 - 11.15 | 5 ćw (3) (gr 1) 9.15-11.45 s.<br>107 b. 7 |       |                                          |                   | 9 ćw (3) 9.45-12.15 s.<br>105 b. 3         |        | 2 ćw (4) (gr 1) 9.00-12.15 s.<br>206 b. 3 |       |                                            |                     |                                  | 11 zp (6) 8.00-13.00<br>s. 105 b. 3 AF |                                         | 11 zp (6) 8.45-13.45<br>s. 105 b. 3 AŚ     |        |
| 11.30 - 12.15 |                                           |       |                                          |                   |                                            |        |                                           |       | 5 ćw (2) (gr 2) 10.45-12.15 s.<br>107 b. 7 |                     |                                  |                                        |                                         |                                            |        |
| 12.15 - 13.00 |                                           |       |                                          |                   |                                            |        |                                           |       |                                            |                     |                                  |                                        |                                         |                                            |        |
| 13.15 - 14.00 | 10 ćw (5) (gr 1) 12.45-16.30<br>basen     |       | 11 zp (6) 12.30-<br>17.30 s. 105 b. 3 AŚ |                   | 5 ćw (2) (gr 2) 12.30-15.00 s.<br>116 b. 3 |        | 4 ćw (3) 12.30-15.00 s. 108 b. 7          |       |                                            |                     | 4 ćw (4) 13.15-16.30 s. 110 b. 3 |                                        |                                         |                                            |        |
| 14.00 - 14.45 |                                           |       |                                          |                   |                                            |        |                                           |       |                                            |                     |                                  |                                        |                                         |                                            |        |
| 15.00 - 15.45 |                                           |       |                                          |                   |                                            |        |                                           |       |                                            |                     |                                  |                                        |                                         |                                            |        |
| 15.45 - 16.30 |                                           |       | 11 zp (6) 13.15-<br>18.15 s. 105 b. 3 AF |                   | 6 ćw (2) (gr 2) 15.30-17.00<br>siłownia JG |        |                                           |       | 2 ćw (4) (gr 2) 15.15-18.30 s.<br>206 b. 3 |                     |                                  |                                        |                                         | 6 ćw (2) (gr 2) 15.30-17.00<br>siłownia JG |        |
| 16.45 - 17.30 |                                           |       |                                          |                   |                                            |        |                                           |       |                                            |                     |                                  |                                        |                                         |                                            |        |
| 17.30 - 18.15 |                                           |       |                                          |                   |                                            |        |                                           |       |                                            |                     |                                  |                                        |                                         |                                            |        |
| 18.30 - 19.15 |                                           |       |                                          |                   |                                            |        |                                           |       |                                            |                     |                                  |                                        | 6 ćw (2) (gr 1) 18.00-19.30<br>basen AD |                                            |        |
| 19.15 - 20.00 |                                           |       |                                          |                   |                                            |        |                                           |       |                                            |                     |                                  |                                        |                                         |                                            |        |

|               | poniedziałek 26.05.2025 |       |                                           | wtorek 27.05.2025                      |                                   |                                            | środa 28.05.2025                           |                                           |                                       | czwartek 29.05.2025 |                                   |                                          | piątek 30.05.2025                          |       |                                         |  |
|---------------|-------------------------|-------|-------------------------------------------|----------------------------------------|-----------------------------------|--------------------------------------------|--------------------------------------------|-------------------------------------------|---------------------------------------|---------------------|-----------------------------------|------------------------------------------|--------------------------------------------|-------|-----------------------------------------|--|
|               | gr I                    | gr II | gr III                                    | gr I                                   | gr II                             | gr III                                     | gr I                                       | gr II                                     | gr III                                | gr I                | gr II                             | gr III                                   | gr I                                       | gr II | gr III                                  |  |
| 8.00 - 8.45   |                         |       |                                           |                                        |                                   |                                            |                                            |                                           |                                       |                     |                                   |                                          |                                            |       |                                         |  |
| 8.45 - 9.30   |                         |       |                                           |                                        |                                   |                                            |                                            |                                           |                                       |                     |                                   |                                          |                                            |       |                                         |  |
| 9.45-10.30    |                         |       | 5 ćw (2) (gr 2) 9.15-10.45 s. 110<br>b. 3 | 11 zp (6) 9.45-14.45<br>s. 105 b. 3 AŚ | 12 zp (5) 8.45-13.00<br>s. 5 b. 3 |                                            | 12 zp (5) 8.45-13.00<br>s. 5 b. 3          | 2 ćw (4) (gr 2) 9.45-13.00 s. 206<br>b. 3 |                                       |                     |                                   | 12 zp (5) 8.45-13.00<br>s. 5 b. 3        | 9 ćw (3) 8.30-11.00<br>s. 105 b. 3         |       |                                         |  |
| 10.30 - 11.15 |                         |       |                                           |                                        |                                   |                                            |                                            |                                           |                                       |                     |                                   |                                          |                                            |       |                                         |  |
| 11.30 - 12.15 |                         |       | 10 ćw (5) (gr 2) 12.45-16.30<br>basen     |                                        |                                   |                                            |                                            |                                           | 10 ćw (5) (gr 1) 11.30-15.15<br>basen |                     | 12 zp (5) 8.45-13.00<br>s. 5 b. 3 |                                          | 9 ćw (3) 11.15-13.45<br>s. 105 b. 3        |       |                                         |  |
| 12.15 - 13.00 |                         |       |                                           |                                        |                                   |                                            |                                            |                                           |                                       |                     |                                   |                                          |                                            |       |                                         |  |
| 13.15 - 14.00 |                         |       |                                           |                                        |                                   |                                            |                                            |                                           |                                       |                     |                                   |                                          |                                            |       |                                         |  |
| 14.00 - 14.45 |                         |       |                                           |                                        |                                   |                                            |                                            |                                           |                                       |                     |                                   |                                          |                                            |       |                                         |  |
| 15.00 - 15.45 |                         |       |                                           |                                        |                                   |                                            | 2 ćw (4) (gr 1) 13.15-16.30 s.<br>206 b. 3 |                                           |                                       |                     |                                   | 11 zp (6) 13.15-<br>18.15 s. 105 b. 3 AF | 6 ćw (2) (gr 1) 15.30-17.00<br>siłownia JG |       |                                         |  |
| 15.45 - 16.30 |                         |       |                                           |                                        |                                   | 6 ćw (2) (gr 2) 15.30-17.00<br>siłownia JG |                                            |                                           |                                       |                     |                                   |                                          |                                            |       |                                         |  |
| 16.45 - 17.30 |                         |       |                                           |                                        |                                   |                                            |                                            |                                           |                                       |                     |                                   |                                          |                                            |       |                                         |  |
| 17.30 - 18.15 |                         |       |                                           |                                        |                                   |                                            |                                            |                                           |                                       |                     |                                   |                                          |                                            |       |                                         |  |
| 18.30 - 19.15 |                         |       |                                           |                                        |                                   |                                            |                                            |                                           |                                       |                     |                                   |                                          |                                            |       | 6 ćw (2) (gr 2) 18.00-19.30<br>basen AD |  |
| 19.15 - 20.00 |                         |       |                                           |                                        |                                   |                                            |                                            |                                           |                                       |                     |                                   |                                          |                                            |       |                                         |  |

|               | poniedziałek 02.06.2025                        |       |        | wtorek 03.06.2025              |                                 |                                      | środa 04.06.2025                        |                                        |                                | czwartek 05.06.2025                     |                                     |                                | piątek 06.06.2025                    |       |                                         |
|---------------|------------------------------------------------|-------|--------|--------------------------------|---------------------------------|--------------------------------------|-----------------------------------------|----------------------------------------|--------------------------------|-----------------------------------------|-------------------------------------|--------------------------------|--------------------------------------|-------|-----------------------------------------|
|               | gr I                                           | gr II | gr III | gr I                           | gr II                           | gr III                               | gr I                                    | gr II                                  | gr III                         | gr I                                    | gr II                               | gr III                         | gr I                                 | gr II | gr III                                  |
| 8.00 - 8.45   |                                                |       |        |                                |                                 |                                      |                                         |                                        |                                |                                         |                                     |                                |                                      |       |                                         |
| 8.45 - 9.30   |                                                |       |        |                                |                                 |                                      |                                         |                                        |                                |                                         |                                     |                                |                                      |       |                                         |
| 9.45-10.30    | 5 ćw (2) (gr 1) 9.15-10.45 s. 107 b. 7         |       |        | 12 zp (3) 9.45-12.15 s. 5 b. 3 | 9 ćw (3) 9.45-12.15 s. 105 b. 3 | 12 zp (3) 9.45-12.15 s. 5 b. 3       |                                         | 2 ćw (4) (gr 2) 9.00-12.15 s. 206 b. 3 | 12 zp (3) 9.45-12.15 s. 5 b. 3 |                                         | 11 zp (6) 8.45-14.00 s. 105 b. 3 AF | 3 w (5) 8.45-13.00 s. 108 b. 7 |                                      |       |                                         |
| 10.30 - 11.15 |                                                |       |        |                                |                                 |                                      |                                         |                                        |                                | 5 ćw (2) (gr 1) 10.45-12.15 s. 107 b. 7 |                                     |                                |                                      |       |                                         |
| 11.30 - 12.15 | 10 ćw (5) (gr 1) 11.30-15.30 sala gimnastyczna |       |        |                                |                                 |                                      |                                         |                                        |                                |                                         |                                     |                                |                                      |       |                                         |
| 12.15 - 13.00 |                                                |       |        |                                |                                 |                                      |                                         |                                        |                                |                                         |                                     |                                |                                      |       |                                         |
| 13.15 - 14.00 |                                                |       |        |                                |                                 |                                      | 2 ćw (4) (gr 1) 12.30-15.45 s. 206 b. 3 |                                        |                                |                                         |                                     |                                |                                      |       |                                         |
| 14.00 - 14.45 |                                                |       |        |                                |                                 |                                      |                                         |                                        |                                |                                         |                                     |                                |                                      |       |                                         |
| 15.00 - 15.45 |                                                |       |        |                                |                                 | 11 zp (6) 12.30-17.30 s. 105 b. 3 AŚ |                                         |                                        |                                | 10 ćw (5) (gr 1) 12.45-16.30 basen      |                                     |                                | 9 ćw (3) 13.15-15.45 s. 105 b. 3     |       |                                         |
| 15.45 - 16.30 |                                                |       |        |                                |                                 |                                      |                                         |                                        |                                |                                         |                                     |                                |                                      |       | 6 ćw (2) (gr 2) 15.30-17.00 siłownia JG |
| 16.45 - 17.30 |                                                |       |        |                                |                                 |                                      |                                         |                                        |                                |                                         |                                     |                                |                                      |       |                                         |
| 17.30 - 18.15 |                                                |       |        |                                |                                 |                                      |                                         |                                        |                                |                                         |                                     |                                |                                      |       |                                         |
| 18.30 - 19.15 |                                                |       |        |                                |                                 |                                      |                                         |                                        |                                |                                         |                                     |                                | 6 ćw (2) (gr 1) 18.00-19.30 basen AD |       |                                         |
| 19.15 - 20.00 |                                                |       |        |                                |                                 |                                      |                                         |                                        |                                |                                         |                                     |                                |                                      |       |                                         |



|               | poniedziałek 09.06.2025        |       |                                         | wtorek 10.06.2025                      |                                                |                                         | środa 11.06.2025                |                                   |                                         | czwartek 12.06.2025                |                                 |        | piątek 13.06.2025                       |                                         |                                         |  |
|---------------|--------------------------------|-------|-----------------------------------------|----------------------------------------|------------------------------------------------|-----------------------------------------|---------------------------------|-----------------------------------|-----------------------------------------|------------------------------------|---------------------------------|--------|-----------------------------------------|-----------------------------------------|-----------------------------------------|--|
|               | gr I                           | gr II | gr III                                  | gr I                                   | gr II                                          | gr III                                  | gr I                            | gr II                             | gr III                                  | gr I                               | gr II                           | gr III | gr I                                    | gr II                                   | gr III                                  |  |
| 8.00 - 8.45   |                                |       |                                         |                                        |                                                |                                         |                                 |                                   |                                         |                                    |                                 |        |                                         |                                         |                                         |  |
| 8.45 - 9.30   | 3 w (5) 8.45-13.00 s. 108 b. 7 |       |                                         |                                        |                                                |                                         |                                 | 12 zp (2) 9.00-10.30<br>s. 5 b. 3 |                                         | 8 w (3) 8.30-11.00 s. 108 b. 7     |                                 |        | 8 ćw (5) (gr 1) 8.45-13.00 s. 108 b. 7  |                                         |                                         |  |
| 9.45-10.30    |                                |       |                                         |                                        |                                                |                                         |                                 |                                   |                                         |                                    |                                 |        |                                         |                                         |                                         |  |
| 10.30 - 11.15 |                                |       |                                         | 11 zp (6) 9.45-14.45<br>s. 105 b. 3 AŚ |                                                |                                         | 12 zp (2) 10.45-12.15 s. 5 b. 3 |                                   | 5 ćw (2) (gr 2) 10.45-12.15 s. 107 b. 7 | 10 ćw (5) (gr 1) 11.30-15.15 basen |                                 |        | 8 ćw (5) (gr 2) 11.15-15.30 s. 108 b. 7 |                                         |                                         |  |
| 11.30 - 12.15 |                                |       |                                         |                                        | 10 ćw (5) (gr 2) 11.30-15.15 sala gimnastyczna |                                         |                                 |                                   |                                         |                                    |                                 |        |                                         |                                         |                                         |  |
| 12.15 - 13.00 |                                |       |                                         |                                        |                                                |                                         |                                 | 12 zp (2) 12.30-14.00 s. 5 b. 3   |                                         |                                    |                                 |        |                                         |                                         |                                         |  |
| 13.15 - 14.00 |                                |       | 5 ćw (2) (gr 2) 13.15-14.45 s. 107 b. 7 | 9 ćw (3) 15.00-17.30<br>s. 105 b. 3    |                                                |                                         |                                 |                                   |                                         | 8 w (2) 15.45-17.15 s. 108 b. 7    |                                 |        | 6 ćw (2) (gr 1) 15.30-17.00 siłownia JG |                                         | 8 ćw (5) (gr 2) 13.15-17.30 s. 108 b. 7 |  |
| 14.00 - 14.45 |                                |       |                                         |                                        |                                                |                                         |                                 |                                   |                                         |                                    |                                 |        |                                         |                                         |                                         |  |
| 15.00 - 15.45 |                                |       |                                         |                                        |                                                |                                         |                                 |                                   |                                         |                                    | 8 w (2) 15.45-17.15 s. 108 b. 7 |        |                                         | 6 ćw (2) (gr 1) 15.30-17.00 siłownia JG |                                         |  |
| 15.45 - 16.30 |                                |       |                                         |                                        |                                                | 6 ćw (2) (gr 2) 15.30-17.00 siłownia JG |                                 |                                   |                                         |                                    |                                 |        |                                         |                                         |                                         |  |
| 16.45 - 17.30 |                                |       |                                         |                                        |                                                |                                         |                                 |                                   |                                         |                                    |                                 |        |                                         |                                         |                                         |  |
| 17.30 - 18.15 |                                |       |                                         |                                        |                                                |                                         |                                 |                                   |                                         |                                    |                                 |        |                                         |                                         |                                         |  |
| 18.30 - 19.15 |                                |       |                                         |                                        |                                                |                                         |                                 |                                   |                                         |                                    |                                 |        |                                         |                                         | 6 ćw (2) (gr 2) 18.00-19.30 basen AD    |  |
| 19.15 - 20.00 |                                |       |                                         |                                        |                                                |                                         |                                 |                                   |                                         |                                    |                                 |        |                                         |                                         |                                         |  |

|               | poniedziałek 16.06.2025                 |       |        | wtorek 17.06.2025                       |       |                                  | środa 18.06.2025                |                                      |        | piątek 19.06.2025 |       |        | piątek 20.06.2025 |       |        |
|---------------|-----------------------------------------|-------|--------|-----------------------------------------|-------|----------------------------------|---------------------------------|--------------------------------------|--------|-------------------|-------|--------|-------------------|-------|--------|
|               | gr I                                    | gr II | gr III | gr I                                    | gr II | gr III                           | gr I                            | gr II                                | gr III | gr I              | gr II | gr III | gr I              | gr II | gr III |
| 8.00 - 8.45   |                                         |       |        |                                         |       |                                  |                                 |                                      |        |                   |       |        |                   |       |        |
| 8.45 - 9.30   | 3 w (5) 8.45-13.00 s. 108 b. 7          |       |        |                                         |       |                                  | 11 w (2) 8.45-10.15 s. 108 b. 7 |                                      |        |                   |       |        |                   |       |        |
| 9.45-10.30    |                                         |       |        | 9 ćw (3) 9.45-12.15 s. 105 b. 3         |       |                                  |                                 |                                      |        |                   |       |        |                   |       |        |
| 10.30 - 11.15 |                                         |       |        |                                         |       |                                  |                                 |                                      |        |                   |       |        |                   |       |        |
| 11.30 - 12.15 |                                         |       |        |                                         |       |                                  |                                 |                                      |        |                   |       |        |                   |       |        |
| 12.15 - 13.00 |                                         |       |        | 8 ćw (5) (gr 1) 12.30-16.45 s. 108 b. 7 |       |                                  |                                 | 11 zp (6) 10.30-15.30 s. 105 b. 3 AŚ |        |                   |       |        |                   |       |        |
| 13.15 - 14.00 | 5 ćw (2) (gr 1) 13.15-14.45 s. 107 b. 7 |       |        |                                         |       |                                  |                                 |                                      |        |                   |       |        |                   |       |        |
| 14.00 - 14.45 |                                         |       |        |                                         |       | 9 ćw (3) 13.15-15.45 s. 105 b. 3 |                                 |                                      |        |                   |       |        |                   |       |        |
| 15.00 - 15.45 |                                         |       |        |                                         |       |                                  |                                 |                                      |        |                   |       |        |                   |       |        |
| 15.45 - 16.30 |                                         |       |        |                                         |       |                                  |                                 |                                      |        |                   |       |        |                   |       |        |
| 16.45 - 17.30 |                                         |       |        |                                         |       |                                  |                                 |                                      |        |                   |       |        |                   |       |        |
| 17.30 - 18.15 |                                         |       |        |                                         |       |                                  |                                 |                                      |        |                   |       |        |                   |       |        |
| 18.30 - 19.15 |                                         |       |        |                                         |       |                                  |                                 |                                      |        |                   |       |        |                   |       |        |
| 19.15 - 20.00 |                                         |       |        |                                         |       |                                  |                                 |                                      |        |                   |       |        |                   |       |        |

Obowiązuje od 24.02.2025 r.

Instytut Nauk o Zdrowiu zastrzega sobie możliwość zmian w rozkładzie zajęć